**Follow up algorithm for GP and parents**

Printout, complete and send it to GP along with the discharge letter and also give a copy to parent or carer to be submitted to GP surgery. *Please remember to file a copy in the notes as well*

|  |  |
| --- | --- |
| Patient Name:  DOB: Hospital number:  Name of G.P | Weight: Kg  Height : Metres  Systolic BP ( 95th Centile for age and height )    mm of Hg |

**BP normal, Dipstix Urinalysis of Early morning urine (EMU) normal or microscopic haematuria only**

**Weekly BP and Urinalysis (EMU) for first 4 weeks**

**Then fortnightly BP and Urinalysis (EMU) for further 8 weeks**

**Normal Urinalysis (EMU)**

**or microscopic haematuria alone**

**(BP – normal, no proteinuria)**

**If at any stage**

**Proteinuria ≥ 0.3 g/L**

**OR**

**BP> 95th centile for age**

**OR**

**Macroscopic haematuria**

**Refer to Paediatric team for review along with a copy of the data information sheet \***

**Review at 6 & 12 months with Urinalysis (EMU ) and BP**

**Microscopic haematuria persists at 1 year**

**BP – normal**

**Urinalysis negative**

**No further follow up**

Different dipsticks may have slightly different values for 1+, 2+. Proteinuria is ≥ 0.3g/L (At RGH – Siemens Multistix 10 SG are used and proteinuria of 1+ is 0.3g/L)**2**

Printout and give *a copy to* *GP and* *a copy* to *parent or carer*, regarding visits to GP.

Your child has been diagnosed with Henoch Schonlein Purpura. You need to attend your surgery for Blood Pressure and Urine testing of early morning urine. A copy of the data information sheet is enclosed. Please have your copy of data information filled up as well, during each visit to your GP.

\* Data information sheet ( A copy each to GP and parent or carer

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Week | Date | Systolic B P  (in mm Hg) | Urine dipstix -  Protein (g/L) | Urine dipstix -  Blood |
| 1 |  |  |  |  |
| 2 |  |  |  |  |
| 3 |  |  |  |  |
| 4 |  |  |  |  |
| 6 |  |  |  |  |
| 8 |  |  |  |  |
| 10 |  |  |  |  |
| 12 |  |  |  |  |
| 6 months |  |  |  |  |
| 12 months |  |  |  |  |