 Aneurin Bevan University Health Board

Should you have any worries or concerns following discharge from hospital, please email [ABB.orthopaedic.ANP@wales.nhs.uk](mailto:ABB.orthopaedic.ANP@wales.nhs.uk) or ring 01633 234409 9am-5pm Monday-Friday excluding Bank Holiday

ABUHB/PIU:xxxx/xx – June 2021

Expiry Date: July 2023

Discharge advice following attendance with a toddler’s fracture

Your child has toddler’s fracture which is a minor fracture/break in the shin bone (tibia)

This type of injury is usually caused by a simple twisting of the leg often caused by a minor fall. You may not remember your child falling or injuring themselves however your child may have started limping or refusing to walk or stand.

These injuries almost always heal very well without any need to see an orthopaedic doctor

Your child may require a removable boot which is to be worn for two weeks

If your child is still refusing to walk or stand on their leg after the boot is removed then please call the number on the bottom of this leaflet

It is recommended that you give your child regular paracetamol and /or Ibuprofen