

Cough/breathlessness pathway for children ≥ 1 year of age



Clinical support tool for remote clinical assessment

Clinical findings	Green – low risk	Amber – intermediate risk	Red – high risk
Colour Activity	<ul style="list-style-type: none"> Normal colour of skin, lips and tongue Content/smiles Stays awake/awakens quickly 	<ul style="list-style-type: none"> Pale No smile Decreased activity/lethargic 	<ul style="list-style-type: none"> Blue or grey colour No response Unable to rouse or if roused does not stay awake Confused Clinical concerns about nature of cry (Weak, high pitched or continuous)
Respiratory	<ul style="list-style-type: none"> None of amber or red symptoms 	<ul style="list-style-type: none"> RR >40 breaths/min if age 12 months - 23 months RR >35 breaths/min if age 2-5 years RR >30 breaths/min if age 5 -12 years RR >25 breaths/min if age >12 years Mild / Moderate resp distress Audible stridor on exertion/distress only 	<ul style="list-style-type: none"> Grunting Audible stridor at rest Severe tachypnoea: RR > 10 breaths per minute above amber levels Severe respiratory distress Unable to complete sentences
Circulation / hydration	<ul style="list-style-type: none"> None of amber or red symptoms Able to tolerate some fluids Passing urine 	<ul style="list-style-type: none"> Cold hands and feet in absence of fever Reduced urine output Not tolerating fluids / repeated vomiting Unable to swallow saliva 	
Other	<ul style="list-style-type: none"> None of amber or red symptoms 	<ul style="list-style-type: none"> Fever for ≥ 5 days Risk factors for severe disease – known asthma, chronic lung disease, bronchiectasis/CF, immunodeficiency etc. Additional parental/carer support required 	<ul style="list-style-type: none"> Sudden onset and parental concern about inhaled foreign body

