# **Abdominal pain pathway**





## Clinical support tool for remote clinical assessment

Clinical findings	Green – low risk	Amber – intermediate risk	Red – high risk
Behaviour	<ul><li>Content/smiles</li><li>Stays awake/awakens quickly</li><li>Strong normal crying/not crying</li></ul>	No smile     Decreased activity/lethargic     Irritable	<ul> <li>No response</li> <li>Unable to rouse or if roused does not stay awake</li> <li>Clinical concerns about nature of cry (weak, high pitched or continuous)</li> <li>Severe pain</li> </ul>
Skin	<ul><li>Normal skin colour</li><li>Warm extremities</li></ul>		Pale / mottled / blue     Cold extremities
Hydration	Moist tongue and conjunctivae     Fontanelle normal	Dry tongue and conjunctivae     Sunken fontanelle	
Urine output	Normal	Reduced / not passed urine in past 12 hours	No urine for 24 hours
Respiratory	Normal pattern and rate		Abnormal/fast breathing
Other		<ul> <li>Polyuria, dysuria or urgency</li> <li>Reduced appetite</li> <li>Additional parent/carer concerns</li> <li>Pain not settling with analgesia</li> <li>Waking with pain</li> <li>Pain increased on movement</li> <li>Fever for &gt;5 days</li> <li>Significant abdominal distension</li> <li>Age 3-6 months with temp ≥39° (102.2°F) with no clear focus of infection</li> </ul>	<ul> <li>Non blanching rash</li> <li>Described oedema</li> <li>Described jaundice</li> <li>Dark green (bilious) vomiting</li> <li>Recent injury to the abdomen</li> <li>Testicular pain</li> <li>Blood in stool</li> <li>Age 0-3 months with temp ≥38° (100.4°F)</li> </ul>

#### **Green Action**

Provide abdo pain safety netting advice

Confirm they are comfortable with the decisions/ advice given.

Always consider safeguarding issues

### **Amber Action**

Consider video consultation

and/or

refer to primary care service for review

#### **Red Action**

Refer immediately to emergency care – consider whether 999 transfer or parent/taxi most appropriate based on clinical acuity etc.

CS50218