

Healthcare advice you can recommend

Healthier Together is a free website and app developed by local healthcare professionals to help expectant parents prepare for and care for their children.

It also contains resources for midwives, including consistent advice for clinical pathways in pregnancy and the latest guidance about maternal vaccinations.

Visit the site online at
what0-18.nhs.uk
– and don't forget to
recommend us to mums-to-be!

Scan the QR code
with a smart phone
to view the website



Download the free app:
'Healthier Together'



Healthier Together