

Healthcare advice you can recommend

Healthier Together is a free website and app developed by local healthcare professionals to help expectant parents prepare for and care for their children.

It also contains resources for midwives, including consistent advice for clinical pathways in pregnancy and the latest guidance about maternal vaccinations.

Visit the site online at **what0-18.nhs.uk** – and don't forget to recommend us to mums-to-be!

Scan the QR code with a smart phone to view the website



Download the free app: 'Healthier Together'



Healthier Together