



## ***Single Point of Access for Children's Emotional Wellbeing The SPACE-Wellbeing Panel, Torfaen***

### ***Information for Families and Professionals***

#### ***What is the SPACE-Wellbeing Panel?***

The SPACE-Wellbeing panel is a meeting from which professionals and families can seek early intervention and support for children and young people's (up to the age of 18) mental health, emotional wellbeing and behavioural difficulties.

The panel aims to make sure that families get the right service, first time, at the right time, and that services work in a joined up way. Requests for support may be allocated to a service to provide direct support to children and their families. Sometimes, requests will be allocated for 'support in', which means that specialist clinical staff who are part of the panel will link up with childcare professionals who are already working with the child to offer them support and guidance.

#### ***Who is part of Torfaen SPACE-Wellbeing Panel?***

The membership of the panel in Torfaen is:

- Families First
- Family Intervention Team (FIT)
- Flying Start
- Primary CAMHS (previously PCMHSS)
- Education (ALN)
- Play Service
- N-gage
- Specialist CAMHS (routine referrals)
- Gwent Community Psychology
- Platform 4YP
- Youth Offending Service
- TYPSS
- Housing (Hafan Cymru & Bron Afon)
- Youth Service
- CAMHS In-Reach to Schools
- Cyfannol Women's Aid
- Parenting Co-ordinator

#### ***How do I request support?***

- Professionals or families can request support from the Torfaen SPACE-Wellbeing Panel.
- Informed consent must have been gained from a person with parental responsibility, and/or the young person where appropriate. Consent may be given verbally.
- Where the professional requesting support is a GP, the GP is required to write a letter summarising their assessment and the family is asked to complete a Family Questionnaire. These two documents are collated at the GP Practice and are sent together to the Local SPACE-Wellbeing Co-ordinator, [Spacewellbeing@torfaen.gov.uk](mailto:Spacewellbeing@torfaen.gov.uk). This ensures that both the views of the family and the GP's assessment can help the SPACE-Wellbeing to make sure that families get the right help, first time.
- Information will be stored on the Local Authority database and used for the purpose of providing services to children, young people and their families.



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- In order to provide services where appropriate some information will be shared with and requested from a variety of agencies including social services, education, housing, health services, and community safety.
- If you have any queries please contact Katie White, Torfaen SPACE-Wellbeing Co-ordinator on 01495 766799 or [Spacewellbeing@torfaen.gov.uk](mailto:Spacewellbeing@torfaen.gov.uk)