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Single Point of Access for Children's Emotional Wellbeing (SPACE-Wellbeing) **Information for Families and Professionals**

What is the SPACE Wellbeing?

SPACE-Wellbeing is a process through which professionals and families can seek early help and support. This includes support with a wide range of issues that effect families including practical issues (housing, finance, etc); parenting; and children's mental health, emotional wellbeing and behavioural difficulties.

Newport's SPACE-Wellbeing and Families First panel meets every week. The panel aims to make sure that children and their families get the **right help, first time, at the right time**, and that services work together well to help families. Requests for support may be allocated to a service who will provide help to children and their families. Sometimes, requests will be allocated for 'support in'. This means that specialist staff will talk to childcare professionals who are already working with the family to offer them support and guidance.

Who is part of Newport SPACE-Wellbeing and Families First Panel?

The Newport Panel brings together a wide range of services provided by Newport City Council, Aneurin Bevan University Health Board and the Third Sector, working together to ensure a joined-up approach to providing early help.

Information about these different services is provided overleaf.

How do I request support and what happens to my information?

Families, young people and professionals can request support through SPACE-Wellbeing. The person with parental responsibility and/or the young person (as appropriate) must be provided with **information** about SPACE-wellbeing when support is requested and must **agree** with the request for support being made.

To get help, the request for support form or a letter should be completed. The form can be accessed by contacting the SPACE-Wellbeing Co-ordinator, Joanne Wood on 01633 235294 or families.1st@newport.gov.uk. If your GP is making the referral, they may ask you to complete a questionnaire so that the panel know what you think and what you're hoping for.

Information that we receive will be stored on the Newport City Council database and used for the purpose of providing services to children, young people and their families. Before the SPACE-Wellbeing meeting, the services who make up the panel and Education (the child's school and/or Local Authority Education Services) may share information with each other about the child for whom support has been requested. Discussions are held in the strictest confidence. This sharing of information is to help the SPACE-Wellbeing and Families First panel make good decisions: **so that children and their families get the right help, first time.**

For more information about what we do with your data, please visit www.newport.gov.uk/privacynotice



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If you have any queries please contact Joanne Wood, Newport SPACE-Wellbeing Co-ordinator on 01633 235294 or joanne.wood@newport.gov.uk

Information about the services who are part of the Newport SPACE-Wellbeing and Families First Panel

Newport City Council Families First Services

Prevention Team provides flexible support packages to children, young people and their families based on an assessment of family strengths and needs.

Youth Service works with young people to support engagement and achievement in education, employment and training. It promotes young people's personal and social development and enables them to have a voice and influence.

Resilient Communities provides flexible support packages for children, families and young people

Flying Start offers four core entitlements, parenting, free part time childcare 2-3 years olds, support for language and communication and intensive health visiting in target areas of the City

Health and Wellbeing Team (delivered by Newport Live) provides targeted health & wellbeing interventions to support families to live a healthy lifestyle.

Confident & Nurturing Families (CNF) (delivered by Barnardo's) empowers families to maintain healthy family relationships through support with parenting, social isolation and promoting the importance of play, including the delivery of play services.

Play Development offers support to a range of partners in providing appropriate play opportunities, a comprehensive school holiday programmes including open access play and registered play provision including support for children with complex needs. The Play Development service also provide play clubs within specific communities

Children with Additional Needs (CANS) (delivered by Barnardo's) supports families whose child has additional needs including for children and young people with a disability or developmental difficulty.

Newport Young Carers Service (delivered by Barnardo's) supports children and young people aged 8 to 25 who take responsibility for, or are adversely affected by, a member of their family who has a long term illness; is disabled, infirm or experiencing mental distress; or is affected by substance misuse.

Newport City Council Children's Services

Youth Justice Service helps young people to achieve their aims, make the right life choices and reduce youth offending. The service brings together staff from organisations including the local authority, police, probation service, health and specialist project workers.

Newport City Council Education Services

TalkingZone provides counselling to children & young people. TalkingZone is based in every secondary school in Newport, and is also accessible to primary school pupils and to young people who are not in mainstream education, employment or training'.



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Aneurin Bevan University Health Board Services

Primary Care Mental Health Support Service (PCMHS) provides assessment and brief intervention to children and young people where there are mild – moderate mental health needs or concerns about their behaviour.

Specialist Child and Adolescent Mental Health service (S-CAMHS) supports children and young people with moderate to severe mental health needs.

Gwent Community Psychology works with professionals from a range of services and with communities, helping them to support children's mental health and emotional wellbeing.

School Nursing Service offers 'drop-in' clinics to support children and young people with their emotional wellbeing.

ISCAN (Integrated Service for Children with Additional Needs) is a referral pathway for children with additional and complex needs and children where there are neurodevelopmental concerns.

Third Sector Services

Family Intervention Team (FIT) (delivered by Action for Children and ABUHB) provides brief, psychologically-informed family interventions, working with families in their communities.

Platform 4YP offers peer support, self-management training and individual support as required to young people aged 14-18.

Newport Mind provides mental health support for Children, Young People and Families who are experiencing mental health and emotional wellbeing concerns.

Gwent NGAGE (delivered by Barod) provides drug and/or alcohol-related support, information and advice to young people, their families and professionals.

Barnardo's deliver some of Newport City Council's Families First services, as described earlier in this leaflet.

Sparkle supports children, young people and their families with disabilities and/or development difficulties