



Bwrdd Partneriaeth
Rhanbarthol Gwent
Gwent Regional
Partnership Board



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Health Board

Monmouthshire SPACE Wellbeing and Family Support Panel for Children's Emotional Wellbeing
Information for Families and Professionals

What is the Monmouthshire SPACE Wellbeing and Family Support Panel? (also known as SPACE)

Monmouthshire SPACE Wellbeing and Family Support Panel is a process through which professionals and families can seek early help and support. This includes support with a wide range of issues that impact families including practical issues (housing, finance, etc.); parenting; and children's mental health and emotional wellbeing.

The Monmouthshire SPACE Wellbeing and Family Panel meets weekly and aims to make sure that children and their families get the **right help, first time, at the right time**. We strive to provide families with support that suits your needs and promotes services working together to give the best possible service. Requests for support may be allocated to a service who will provide help to children and their families. Sometimes, requests will be allocated for 'support in'. This means that specialist staff will talk to childcare professionals who are already working with the family to offer them support and guidance.

Who is part of the Monmouthshire SPACE Wellbeing and Family Panel?

The Monmouthshire SPACE Wellbeing and Family Panel brings together a wide range of services provided by Monmouthshire County Council, Aneurin Bevan University Health Board and the Third Sector.

Information about these different services is provided overleaf.

How do I request support and what happens to my information?

Families, young people and professionals can request support through Monmouthshire SPACE Wellbeing and Family Panel. The person with parental responsibility and/or the young person (as appropriate) must be provided with **information** about Monmouthshire SPACE Wellbeing and Family Panel when support is requested and must **agree** with the request for support being made.

To get help, the request for support form or a letter should be completed. The form can be accessed by contacting the Monmouthshire SPACE Wellbeing and Family Panel on: SPACEWbandFamilySupport@monmouthshire.gov.uk or 01633 644152/ 07970166875. If your GP is making the referral, they may ask you to complete a questionnaire so that the panel know what you think and what you're hoping for.

Information that we receive will be stored on the Monmouthshire County Council database and used for the purpose of providing services to children, young people and their families. Before the Monmouthshire SPACE Wellbeing and Family Panel meeting, the services who make up the panel, Education (the child's school and/or Local Authority Education Services) and Social Services may share information with each other about the child/family for whom support has been requested. Discussions are held in the strictest confidence. This sharing



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of information is to help the Early Help Panel make good decisions: ***so that children and their families get the right help, first time.***

For more information about what we do with your



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If you have any queries please contact Monmouthshire SPACE Wellbeing and Family on:

SPACEWbandFamilySupport@monmouthshire.gov.uk or 01633 644152/ 07970166875

Information about the services who are part of the Monmouthshire SPACE Wellbeing and Family Panel

- Acorn Family Centre – groups
- Acorn Family Centre – individual support
- Action for Children - North Gwent Family Intervention Team
- Bridges Disability and Inclusion Team
- Building Strong Families Team (TAF)
- Carers Trust South East Wales - Young Carers Service
- Compass
- Cyfannol Women's aid
- Dad's Can
- Face-to-Face Family Therapy
- Face-to-Face Therapeutic Service Counselling and Therapy
- Family Group Conferencing
- Flying Start
- Gwent Substance Misuse Service
- Home-Start Children In Need project - 6 x 2 hour sessions
- Home-Start Healthy Minds-Healthy Families
- Home-Start Monmouthshire
- Housing Intervention Panel (including Gateway)
- ISCAN
- SPACE Neurodevelopmental Team
- Llamau
- MCC Family Group Conference Service
- MCC Young Carers Service
- Monmouthshire Sports Development
- Platform Peer Support for 14-25 year olds
- Positive Futures
- Primary Care Mental Health Support Service
- SEWAS
- SHIFT
- Specialist CAMHS
- Youth Enterprise - Inspire2Achieve/Inspire2Work
- Youth Offending Prevention Project
- Youth Service