



have	а	PAC	plan	(advanced	care	plan)

Yes 🗆 No 🗆

I have an emergency care plan Yes \square No \square

My hospital passport helps doctors and nurses know all about me.

My passport comes with me when I go to my clinic appointments and if I go to Hospital.

My passport stays by my bedside and goes home with me.

Completed by:	Date
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I like to be called:	••••••
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My parents/guardians are:

My contact phone numbers:

Who do I live with?:

Completed by:	Date
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Important information about me

Who gives consent about my care (parent/guardian)?

My allergies

My spiritual/religious needs

Completed by:	Date
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Important information about me



Completed by:	Date
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Important i	information	about me

How to communicate with me (first language, PECS etc.):		
My breathing (I do/do not have ventilation or oxygen at home):		
How do I eat & drink? (Thickenner, cut up, NG) How do you know if I'm hungry/thirsty?		
How I take my medicines (crushed tablets, injections, syrup, by mouth, feeding tube:		

Completed by: Date	•••••
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Important information about me		
🍊 💏 🍄 🏓 🕪 🥓 My Medical Conditions:		
Surgery I have had (what and when):		
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How do you weigh, take blood pressure or take bloods on me?:		

Completed by:	Date
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How to look after me

How do you know if I'm uncomfor	rtable or scarec	1?:
How do I move around? (Wheelch	air, hoist, fram	ne etc.):
が 別 How is my vision/hearing?	Glasses □	Hearing aids 🗆
How do I wash / dress?		

Completed by:	. Date
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How to look after me
How to keep me safe? (Supervision need, bed rails etc.)
How do I use the toilet?
How do I sleep? (routine etc.)
Anything else important to me?

Completed by:	Date
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My likes and dislikes

Likes	\odot	<u>Dislikes</u>	$\overline{\mathbf{i}}$

Medicines

Please keep this list up to date, by crossing off any medications when no longer used.

Please re-write medicines when the dose is changed. More medication sheets can be obtained from you consultant's secretary.

Medication & strength (mg per ml)	Dose (mg or ml)	How many times per day	Route (mouth, NG)	Date started	Date stopped
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Completed by:	Date
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Medicines

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"This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg".