

Unsettled baby under 3 months pathway



Clinical support tool for community pharmacists

Clinical findings	Green – low risk	Amber – intermediate risk	Red – high risk
Behaviour	<ul style="list-style-type: none"> Wakes for feeds as normal Settled for periods of time Strong normal cry 	<ul style="list-style-type: none"> Sleepy or not consistently waking for feeds 	<ul style="list-style-type: none"> Unable to wake Persistently unable to settle Clinical concerns about nature of cry (weak, high pitched or continuous)
Tone	<ul style="list-style-type: none"> Normal 		<ul style="list-style-type: none"> Stiff for prolonged periods or has any evidence of a seizure Floppy
Respiratory	<ul style="list-style-type: none"> Normal pattern and rate 		<ul style="list-style-type: none"> Abnormal/fast breathing
Skin	<ul style="list-style-type: none"> Normal skin colour Warm extremities 		<ul style="list-style-type: none"> Pale / mottled / blue
Hydration	<ul style="list-style-type: none"> Plenty of wet nappies 	<ul style="list-style-type: none"> Wet nappies reduced Signs of dehydration ie mouth dry, sunken fontanelle 	
Other	<ul style="list-style-type: none"> No amber features 	<ul style="list-style-type: none"> Additional parent/carer concerns 	<ul style="list-style-type: none"> Has a temperature of $\geq 38^{\circ}\text{C}$ Rash that does not disappear with pressure

Green Action

[Provide "Crying baby under 3 months" safety netting advice](#)

Confirm they are comfortable with the decisions/ advice given

Always consider safeguarding issues.

Consider video consultation to offer further reassurance

Amber Action

Refer to primary care for review.

Red Action

Refer immediately to emergency care – consider whether 999 transfer or parent/taxi most appropriate based on clinical acuity etc.